Guadalupe Regional Hospice Services provides care to individuals with a terminal illness and a life expectancy of six months or less. Hospice services are provided to these individuals regardless of their financial ability. Medicare, Medicaid and most private insurances cover hospice services. For patients who are nonfunded, donations and memorials are accepted and encouraged to help provide hospice care.

To be eligible for Hospice care from our team, the following criteria must be met:

- Patient must have a primary physician or one of the Hospice physicians chosen for supervision.
- Patient has been diagnosed with a life-limiting condition.
- The patient must have an estimated life expectancy of six months or less, if the terminal illness runs its normal course.
- The patient no longer wants aggressive medical treatment and trips to the hospital.
- A family member/caregiver is an active participant in the patient's care.



# HOURS OF OPERATION

Monday – Friday, 8:00 am – 4:30 pm

Hospice nurses are available 24 hours a day, 7 days a week to answer questions or make visits as needed. After regular hours, and on weekends or holidays, you may contact the Hospice on-call nurse by calling Guadalupe Regional Medical Center at 830.379.2411.



Guadalupe Regional Hospice provides services to patients residing in Guadalupe, Wilson, Comal, Caldwell, Hays and Gonzales counties. We will refer to another hospice when out of our service area.

For more information, please contact Guadalupe Regional Hospice at 830.401.7561.







# GUADALUPE REGIONAL HOSPICE SERVICES

We are honored to serve you and your family.



# Welcome

The primary goal of hospice is to help patients live as they wish in the comfort of their own homes, nursing homes or assisted living centers surrounded by their friends and family.

Guadalupe Regional Hospice Services understands that both the patient and family members need support and reassurance during this trying time, and as such, we provide physical, emotional and spiritual support. We focus on achieving the highest quality of life possible for those dealing with illness.

Our Hospice team specializes in pain management, symptom control, and emotional and spiritual support through a team approach. Also, special therapies can be provided for needs with coping, safety measures and/or nutritional counseling. The patient's primary physician or one of the Hospice physicians supervises pain management and symptom control.

When selecting a hospice agency, one should consider the quality of the provider. For over 20 years, Guadalupe Regional Hospice has provided quality care to patients and families in Guadalupe County and surrounding areas. Guadalupe Regional Hospice Services is accredited by the Joint Commission on Accreditation of Healthcare Organizations and is licensed by the State of Texas.

# THE HOSPICE TEAM

# Registered Nurses/Licensed Vocational Nurses

Routinely, nurses visit the patient and family on a weekly basis and as needed to perform nursing assessments and offer pain management instruction and support.

# **Nurse Aides**

Certified nurse aides are available to provide personal care and assist in activities of daily living. All aides are supervised by a skilled nurse.

## **Social Services**

Licensed social workers are available to assist both the patient and family members with coordinating community resources, assisting in financial concerns and offering emotional support.

## Spiritual Care/Chaplain Services

Hospice chaplains are available to provide spiritual and religious support. The tradition of the patient and family is respected.

#### **Volunteer Support**

For families interested in extra support, specially trained volunteers are available to visit with patients and families to provide friendship, support and relief to caregivers.

# **HOSPICE PROVIDES**

# Medical Equipment and Supplies

The Hospice team will make arrangements for medical equipment and supplies necessary for care as related to the patient's hospice diagnosis.

## **Medications**

Medications related to the patient's hospice diagnosis are covered.

# Hospitalization

Hospitalization related to the hospice diagnosis is available through Guadalupe Regional Medical Center for short-term stays with the goal of stabilizing the patient. Approval by the Hospice team is required for hospitalization.

# Respite Care

Respite care, or temporary caregiver relief, is short-term care available for patients and their families when needs arise. The patient can be cared for in a facility contracted with Guadalupe Regional Hospice. Visits by the Hospice team and care management will continue as normal. If you feel this service may be helpful for you, ask your nurse for more information.

## **Bereavement Support**

Bereavement support is available for a year following the death of a patient. GRMC's chaplain services hold a bereavement support group every third Sunday of each month at 3:00 pm in the GRMC chapel. If you are interested in these services, call a Hospice nurse at 830.401.7561.

## **Memorial Services**

Special memorial services are held for family and friends of the patient several times a year.