Mr. Robert Hynes, CEO Guadalupe Regional Medical Center 1215 East Court Street Seguin, Texas 78155

Dear Mr. Haynes,

I want to thank you and the staff of GRMC for the outstanding care and attention that I received during my stay from June 26 to June 29. The Emergency Department staff received me from EMS and cared for me professionally and compassionately even before it was determined that I had broken my hip. A trip to the Imaging Department confirmed the diagnosis and chest images were acquired during the same visit eliminating the need for more transfers or portables. With lab work, images, EKG and interviews complete I was transported to Room 108 in time for the evening meal, which I enjoyed.

My stay on the Surgical Wing could not have been better. All staff members on all shifts were considerate, efficient and attentive to my every need. The frequency of their checks meant that I never used the call button from Sunday until my release Wednesday morning. Each person introduced themselves and explained why they were there, what they planned to do and asked if I had any questions before proceeding. It was fun bragging on them daily to the Director of Nursing. My pain management was amazing.

In Pre-Op I expressed concern that positioning for spinal anesthesia would be painful. After lying flat on my back for over 20 hours as immobile as possible, the prospect of rotating to my side and arching my back for the spinal was most disconcerting. My concern was addressed, I was medicated and when I was rotated there was no pain. The spinal was expertly administered and I was rotated to my back. The next thing that I remember was waking up in PACU.

Wow! My hip was stable. I could move and nothing hurt. I was ready to walk. Dr. Twitero suggested that we wait overnight and let PT help. Sure enough Joshua from PT walked me Tuesday morning and afternoon and again Wednesday morning. OT reviewed my home arrangements, demonstrated the hip kit and made sure that I had the appliances needed to thrive at home.

I have been home 10 days now. I now walk about 1/3 mile morning and evening. I have been off pain meds for 4 days. I am looking forward to hiking, skiing and yes, riding my bicycle in the July 4th Parade next year. Thanks to each person who cared for me and visited me during my most amazing stay at GRMC.

