

YOU'RE INVITED TO GUADALUPE REGIONAL MEDICAL CENTER'S

# DOC TALK

Eyesight is something easily taken for granted. It's not until your vision is vulnerable that you start to realize just how important it is, or how scary the possibility of permanent damage is. For people diagnosed with diabetes, monitoring and preserving their eye health is a critical part of management. Join Ophthalmologist, Sharron Acosta, MD and Certified Diabetes Educator, Ann Camacho, as they shed light on the various ways diabetes can affect your eyesight.

## DATE & TIME

Thursday, March 21<sup>st</sup> • 1:30pm - 2:30pm

## LOCATION

Seguin Public Library

## TOPIC

Effects of Diabetes



**SHARRON ACOSTA, MD**  
Ophthalmologist

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Diabetes can affect the body in many ways, including causing eye problems. However, early detection and intervention of eye issues in diabetes patients can help prevent damage to the retina or vision loss.

### Topics to be covered include:

- Eye complications due to diabetes
- Ways to prevention eyesight damage and loss
- Methods to controlling diabetes
- And more!

*If you are interested in joining GRMC's free diabetes education class, please contact Ann Camacho at 830.484.4237 to register.*

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