

YOU'RE INVITED TO GUADALUPE REGIONAL MEDICAL CENTER'S

DOC+TALK

High blood pressure, diabetes or a family history of kidney failure puts 1 in 3 Americans at an increased risk of developing kidney disease. But even if you don't fit in any of those categories, it's important to take care of these essential organs. Join Shadi Mourad, MD as he sheds light on the importance of kidney health and how kidneys affect your entire body.

DATE & TIME

Monday, April 8th • 1:30pm - 2:30pm

LOCATION

Seguin Public Library

TOPIC

Kidney Health



SHADI MOURAD, MD
Nephrologist

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Often, your kidneys simply become affected by other medical conditions. But there are a number of things you can do to keep your kidneys functioning properly at every stage of life.

Topics to be covered include:

- Know the facts - What do your kidneys do?
- How to assess your risk of kidney disease
- The symptoms of kidney problems
- Kidney health - Healthy kidneys like a healthy body
- And more!

